



Name \_\_\_\_\_ DOB \_\_\_\_ / \_\_\_\_ / \_\_\_\_

Street Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Home Phone # \_\_\_\_\_ Cell Phone # \_\_\_\_\_

Email \_\_\_\_\_ SSN#- \_\_\_\_\_

Would you like an appointment reminder  YES  NO

If yes, please check the appropriate box  email or  text message (Verizon, AT&T, T-Mobile or Other \_\_\_\_\_ )

**Emergency Contact** \_\_\_\_\_ Relationship \_\_\_\_\_

*name* *phone*

Primary Insurance \_\_\_\_\_

ID Subscriber Number \_\_\_\_\_ Group # \_\_\_\_\_

Policy Holder Name \_\_\_\_\_ DOB \_\_\_\_ / \_\_\_\_ / \_\_\_\_

Secondary Insurance \_\_\_\_\_

ID Subscriber Number \_\_\_\_\_ Group # \_\_\_\_\_

Policy Holder Name \_\_\_\_\_ DOB \_\_\_\_ / \_\_\_\_ / \_\_\_\_

Is injury work related? Yes \_\_\_\_\_ No \_\_\_\_\_

If yes, what was Date of Injury? \_\_\_\_ / \_\_\_\_ / \_\_\_\_

Employer Name \_\_\_\_\_ Phone Number \_\_\_\_\_

Workers Compensation Insurance Name \_\_\_\_\_

Workers Compensation Insurance Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Workers Compensation Insurance Contact Person \_\_\_\_\_

Phone Number \_\_\_\_\_

Claim Number \_\_\_\_\_



## OFFICE POLICIES AND PROCEDURES

We have developed this information to make you aware of our billing policies at the time of your initial office visit. Please review these policies carefully.

Physical therapy services are reimbursed under the provisions of most health insurance policies. **You, as the subscriber, are primarily responsible for knowing the terms of your policy or coverage including cases involving Liability, Worker's Compensation and Medicare.**

Our office personnel are familiar with various coverages offered by health insurance companies and will assist you. If you (the subscriber) should receive a check from your insurance company that is intended for this practice (the provider) for services rendered, you should immediately remit this to our office for credit to your account. Failure to do so will result in our office billing you for the complete balance and you will be responsible for payment of this amount in full.

**\*If this is a Liability or Worker's Compensation case, please make sure you have informed the front office. \***

## COPAYMENT/COINSURANCE INFORMATION

**CO-PAYMENTS** are due at time of service. *Please contact the customer service department of your insurance company for information regarding your Out-Patient Physical Therapy Benefits and co-payment amount.* Thank you!

CO-PAYMENTS (**estimate** per your insurance contract):

Initial Evaluation with Treatment: \$ \_\_\_\_\_ Notes: \_\_\_\_\_

Each Follow-up: \$ \_\_\_\_\_

I, \_\_\_\_\_, fully understand the contents of your office policies and  
(please print)

procedures and agree to abide by them. I also agree to pay for the charges that may be made towards my account for physical therapy services rendered by this office, consistent with the terms of my health insurance policy.

\_\_\_\_\_  
(Signature of patient or parent/guardian)

\_\_\_\_\_  
(Date)



## **Medical Appointment Cancellation/ No Show Policy**

When you schedule an appointment with Physical Therapy of Cumberland, we set aside enough time to provide you with the highest quality care. Should you adjust an appointment please contact our office as soon as possible, and no later than 24 hours of your scheduled appointment. This gives us time to schedule other **patients** who may be waiting for an appointment.

### **Please See Our Policy Below:**

- **Effective Immediately any established patient who no shows or cancels under 24 hours' notice of your appointment time will be charged a \$25.00 fee.**
- The fee is charged to the patient, not the insurance company and is **due at time of patient's next office visit before being seen.**
- Repeated missed appointments may result in being dismissed from our practice.
- Any patient who no shows for the initial evaluation will not be rescheduled after the 2<sup>nd</sup> time.
- As a courtesy our system offers reminder calls via text or email. If you choose not to receive a reminder text or email the above Policy remains in effect.

We understand that there may be times when an unforeseen emergency occurs, and you may not be able to keep your scheduled appointment. If you experience extenuating circumstances, please contact our Office Manager. You may contact us during normal business hours or leave a message and we will get back to you within 24 hours.

**I have read and understand the Medical Appointment Cancellation/ No Show Policy and agree to the terms.**

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**Signature**  
**(Parent or legal guardian)**

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**Date**



## DESIGNATED INDIVIDUALS AUTHORIZATION FORM

I authorize one or all of the designated parties below to request and receive the release of any protected health information regarding my treatment, payment or administrative operations related to treatment and payment. I understand that the identity of designated parties must be verified before the release of any information.

Authorized Designees:

Name: \_\_\_\_\_ Relationship: \_\_\_\_\_  
Name: \_\_\_\_\_ Relationship: \_\_\_\_\_

## AUTHORIZED SIGNATURE FORM

- I request that payment of insurance benefits for services rendered to me be paid directly to Physical Therapy of Cumberland.
- I authorize Medicare to send claims to my secondary insurance for crossover benefit payments.
- I authorize Physical Therapy of Cumberland to release medical information to my insurance carrier to determine benefits payable.
- I understand that I may revoke this authorization at any time with a renewed and dated signature

My insurance is:

Primary \_\_\_\_\_

Secondary \_\_\_\_\_

\_\_\_\_\_  
*Signature*

\_\_\_\_\_  
*Date*

I wish to revoke the above release for payment/release of medical information

Signature \_\_\_\_\_

Date \_\_\_\_\_

## **NOTICE OF PATIENT INFORMATION PRACTICES**

THIS NOTICE DESCRIBES HOW MEDICAL INFORMATION ABOUT YOU MAY BE USED OR DISCLOSED AND HOW YOU CAN GET ACCESS TO INFORMATION. PLEASE REVIEW IT CAREFULLY.

### **Physical Therapy of Cumberland's Legal Duty**

Physical Therapy of Cumberland is required by law to protect the privacy of your personal health information, provide this notice about our information practices and follow the information practices that are described herein.

### **USES AND DISCLOSURES OF HEALTH INFORMATION**

Physical Therapy of Cumberland uses your personal health information primarily for treatment; obtaining payment for treatment; conducting internal administrative activities and evaluating the quality of care that we provide. For example, Physical Therapy of Cumberland may use your personal health information to contact you to provide appointment reminders, or information about treatment alternatives or other health related benefits that could be of interest to you.

Physical Therapy of Cumberland may also use or disclose your personal health information without prior authorization for public health purposes, for auditing purposes, for research studies and for emergencies. We also provide information when required by law.

In any other situation, Physical Therapy of Cumberland's policy is to obtain your written authorization before disclosing your personal health information. If you provide us with a written authorization to release your information for any reason, you may revoke that authorization to stop future disclosures at any time.

Physical Therapy of Cumberland may change its policy at any time. When changes are made, a new Notice of Information Practices will be posted in the waiting room and patient exam areas and will be provided to you on your next visit. You may also request an updated copy of our Notice of Information Practices at any time.

### **PATIENT INDIVIDUAL RIGHTS**

You have the right to review or obtain a copy of your personal health information at any time. You have the right to request that we correct any inaccurate or incomplete information in your records. You also have the right to request a list of instances where we have disclosed your personal health information for reasons other than treatment, payment, or other related administrative purposes.

You may also request in writing that we not use or disclose your personal health information for treatment, payment, and administrative purposes except when specifically authorized by you, when required by law, or in emergency circumstances. Physical Therapy of Cumberland will consider all such requests on a case-by-case basis, but the practice is not legally required to accept them.

### **CONCERNS AND COMPLAINTS**

If you are concerned that Physical Therapy of Cumberland may have violated your privacy rights or if you disagree with any decisions we have made regarding access or disclosure of your personal health information, please contact our practice manager. You may also send a written complaint to the US Department of Health and Human Service.

# HIPAA PRIVACY AUTHORIZATION FORM



I have read and fully understand Physical Therapy of Cumberland's Notice of Information Practices. I understand that Physical Therapy of Cumberland may use or disclose my personal health information for the purposes of carrying out treatment, obtaining payment, evaluating the quality of services provided and any administrative operations related to treatment or payment. I understand that I have the right to restrict how my personal health information is used and disclosed for treatment, payment, and administrative operations if I notify the practice. I also understand that Physical Therapy of Cumberland will consider requests for restriction on a case-by-case basis but does not have to agree to requests for restrictions. I hereby consent to the use and disclosure of my personal health information for purposes as noted in Physical Therapy of Cumberland's Notice of Information practices. I understand that I retain the right to revoke this consent by notifying the practice in writing at any time.

Sincerely,

The Staff of Physical Therapy of Cumberland

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*Patient Signature*

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*Date*

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*Physical Therapists Signature*

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*Date*

# PAST MEDICAL HISTORY

Please fill out front & back.

Name: \_\_\_\_\_

Date: \_\_\_\_\_

Leisure activities, including exercise routines: \_\_\_\_\_

Is your current condition preventing;  leisure activities  exercise  occupational activities

Occupation, including typical workday activities: \_\_\_\_\_

DOB: \_\_\_\_\_ Height: \_\_\_\_\_ Weight: \_\_\_\_\_

Are you on a work restriction from your doctor? YES NO Are you latex sensitive? YES NO

Do you smoke? YES NO Do you have a pacemaker? YES NO Do you have hearing loss? YES NO

FOR WOMEN: Are you currently pregnant or think you might be pregnant? YES NO

ALLERGIES: List any medication(s) you are allergic to: \_\_\_\_\_

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### Have you RECENTLY noted any of the following (check all that apply)?

- |                                                                       |                                                               |                                              |
|-----------------------------------------------------------------------|---------------------------------------------------------------|----------------------------------------------|
| <input type="checkbox"/> fatigue                                      | <input type="checkbox"/> numbness or tingling                 | <input type="checkbox"/> muscle weakness     |
| <input type="checkbox"/> nausea/vomiting                              | <input type="checkbox"/> dizziness/lightheadedness            | <input type="checkbox"/> shortness of breath |
| <input type="checkbox"/> weight loss/gain                             | <input type="checkbox"/> heartburn/indigestion                | <input type="checkbox"/> fainting            |
| <input type="checkbox"/> difficulty maintaining balance while walking | <input type="checkbox"/> difficulty swallowing                | <input type="checkbox"/> cough               |
| <input type="checkbox"/> falls                                        | <input type="checkbox"/> changes in bowel or bladder function | <input type="checkbox"/> headaches           |

### Have you EVER been diagnosed with any of the following conditions (check all that apply)?

- |                                                                 |                                                           |                                                |
|-----------------------------------------------------------------|-----------------------------------------------------------|------------------------------------------------|
| <input type="checkbox"/> cancer                                 | <input type="checkbox"/> depression                       | <input type="checkbox"/> thyroid problems      |
| <input type="checkbox"/> heart problems                         | <input type="checkbox"/> lung problems                    | <input type="checkbox"/> diabetes              |
| <input type="checkbox"/> chest pain/angina                      | <input type="checkbox"/> tuberculosis                     | <input type="checkbox"/> osteoporosis          |
| <input type="checkbox"/> high blood pressure                    | <input type="checkbox"/> asthma                           | <input type="checkbox"/> multiple sclerosis    |
| <input type="checkbox"/> circulation problems                   | <input type="checkbox"/> rheumatoid arthritis             | <input type="checkbox"/> epilepsy              |
| <input type="checkbox"/> blood clots                            | <input type="checkbox"/> other arthritic condition        | <input type="checkbox"/> eye problem/infection |
| <input type="checkbox"/> stroke/ head injury                    | <input type="checkbox"/> bladder/urinary tract infection  | <input type="checkbox"/> ulcers                |
| <input type="checkbox"/> anemia                                 | <input type="checkbox"/> kidney problem/infection         | <input type="checkbox"/> liver problems        |
| <input type="checkbox"/> bone or joint infection                | <input type="checkbox"/> sexually transmitted disease/HIV | <input type="checkbox"/> hepatitis             |
| <input type="checkbox"/> chemical dependency (i.e., alcoholism) | <input type="checkbox"/> pelvic inflammatory disease      | <input type="checkbox"/> pneumonia             |

Do you ever feel unsafe at home or has anyone hit you or tried to injure you in any way? YES NO

### Please list all medications you are currently taking: (including dosages and frequency):

*\* If you have a list, we will be more than welcome to make a copy for you.*

- |                                     |                               |                                               |
|-------------------------------------|-------------------------------|-----------------------------------------------|
| -Blood Pressure Medication<br>_____ | -Heart Medication<br>_____    | -Anti-coagulants (blood thinners)<br>_____    |
| -Muscle Relaxants<br>_____          | -Pain Killers<br>_____        | -Diabetes Medication (i.e. insulin)<br>_____  |
| -Steroids<br>_____                  | -Anti-inflammatories<br>_____ | -Other Medications (state condition)<br>_____ |

Have you ever taken steroid medications for any medical conditions? YES NO

Have you ever taken blood thinning or anticoagulant medications for any medical conditions? YES NO

### Please List all surgeries you have had (include dates):

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

## CURRENT CONDITON

What date (roughly) did your present symptoms start? \_\_\_\_\_

What do you think caused your symptoms? \_\_\_\_\_

My symptoms are currently:  Getting Better  Getting Worse  Staying about the same

Treatment received so far for this problem (chiropractic, injections, etc) \_\_\_\_\_

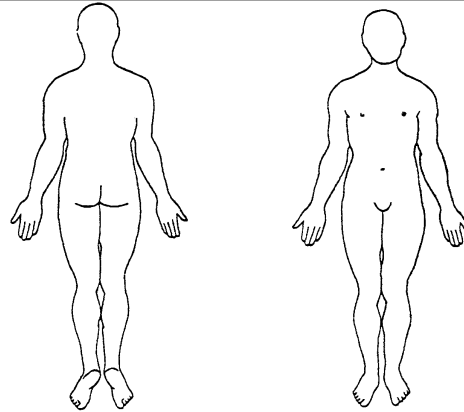
Please list special tests performed for this problem (x-ray, MRI, labs, etc) \_\_\_\_\_

Have you ever had this problem before:  Yes  No When \_\_\_\_\_ Treatment rec'd \_\_\_\_\_

How long did it take for you to feel better? \_\_\_\_\_

### Body Chart:

Please mark the areas where you feel symptoms on the chart to the right with the following symbols to describe your symptoms:



↓ Shooting/sharp pain

○ Dull/aching pain

||| Numbness

= Tingling

My symptoms currently:  Come and go  Are Constant  Are constant, but change with activity

**Aggravating Factors:** Identify important positions or activities that make your symptoms worse:  
\_\_\_\_\_

**Easing Factors:** Identify important positions or activities that make your symptoms better:  
\_\_\_\_\_

**How are you currently able to sleep at night due to your symptoms?**

No problem sleeping  Difficulty falling asleep  Awakened by pain  Sleep only with medication

**When are your symptoms worst?**  Morning  Afternoon  Evening  Night  After exercise

**When are your symptoms the best?**  Morning  Afternoon  Evening  Night  After exercise

Using the 0 to 10 the scale, with 0 being “no pain” and 10 being the “worst pain imaginable” please describe:

Current pain level: \_\_\_\_\_ Worst pain level within last week: \_\_\_\_\_ Best pain level within last week: \_\_\_\_\_

Are you interested in becoming more physically active upon completion of your formal physical therapy treatment? Yes \_\_\_\_\_ No \_\_\_\_\_

I certify that the above information is accurate to the best of my knowledge.

\_\_\_\_\_  
(Patient Signature)

\_\_\_\_\_  
(Date)

\_\_\_\_\_  
(Physical Therapist Signature)

\_\_\_\_\_  
(Date)